

another appointment in addition to seeing your doctor. Unfortunately the doctor is unable to complete these forms in the time allocated when he/she sees you and makes the decision to refer you.

Seeing the nurse for this appointment will reduce the delay when your referral reaches the hospital.

You will be contacted by a Doctor's Assistant who will make an appointment for you to have with the nurse.

Please visit our website at:
www.chellssurgery.co.uk

Chells Surgery

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Why have I been asked to see the nurse before I am referred?

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Why have I been asked to see the nurse before I am referred?

In this area the local CCG has instructed GP surgeries to complete a set of forms that must accompany the referral to the consultant.

In order to avoid your referral being rejected and therefore delayed when it reaches the hospital, Chells has made the decision to take the time to collate the information thoroughly at point of referral and this is why we have asked you to see the nurse in an appointment.

There are times when we need to go into hospital to see a consultant and the specialist may decide that a routine procedure or operation is

required to resolve a medical problem. For health reasons, very overweight patients will be asked to lose weight before they can be listed for surgery.

This will affect you if:-

You have a body mass index of more than 40.0

Or

You have a body mass index between 30.0 and 40.0 and have a condition such as diabetes, high blood pressure or high cholesterol.

We will require patients who smoke to get advice from a specialist who can talk you through all the help that is available in order to quit smoking.

If you are overweight and are being referred to a consultant

you should take the opportunity to start losing weight.

This will help avoid delays if your consultant says that you need surgery. It also means that your general health will benefit from being at a healthy weight.

The practice nurse will complete the forms appropriate for your referral and depending upon the speciality that you are being referred to you may be asked questions regarding any pain you experience and how it affects you day to day. Sometimes the nurse may need to take your blood pressure and the nurse may need to detail on the form any medication that you take.

You should allow 10-20 minutes for this appointment.

We understand that it may feel frustrating to have to attend